



# DURBANVILLE WEEKLY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00		Reformer Essential		Reformer Intermediate	Reformer Intermediate Mat Intermediate
7:00	Reformer Intermediate	Reformer Essential Mat Intermediate	Reformer Essential	Reformer Intermediate	Reformer Intermediate Mat Intermediate
8:00	Reformer Intermediate	Reformer Intermediate Mat Intermediate	Mat Fundamental	Reformer Essential Mat Essential	Reformer Intermediate
9:00	Mat Essential			Reformer Essential	Reformer Essential
9:15		Mat Essential	Mat Essential		Mat Essential
10:00	Reformer Essential			Reformer Intermediate Mat Fundamental	
11:00				Mat Essential	
15:30		Mat Teens & Tweens		Reformer Essential	
16:00	Reformer Essential				
16:30	Mat Fundamental		Mat Essential	Reformer Essential	
17:30	Mat Essential	Mat Intermediate	Mat Intermediate	Mat Essential	

All classes are 60 minutes